

# THE CLOSER

# WE GET

A Somewhere Film directed by KAREN GUTHRIE



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## SEE BEYOND STROKE carer worksheet

These **See Beyond Stroke** training resources are based on the award-winning British documentary, **The Closer We Get** - a funny, uplifting and poignant film that follows the impact of a stroke suffered by director Karen Guthrie's mother Ann, a former nurse.

Karen became one of her care-givers at home in Largs, Scotland, supported by family and a team of local carers.

Enjoy the Clips and thank you for taking part.

If you use social media, please get in touch with #seebeyondstroke



@TheCloserWeGet



TheCloserWeGet

Read more about the film at [www.thecloserweget.com](http://www.thecloserweget.com)

**Your name**

**Gender**

**Your contact details -  
phone & email if possible**

(we won't share these with any other parties)

**How long have you worked as a carer?**

**Your present local authority or company**

**(1)  
The Clips show carers taking part in the everyday  
life of Ann & her family**

How did the Clips make you feel about your role, and how you fit in to clients' day-to-day lives?

**(3)  
What are the challenges facing you as a carer,  
working in someone else's home?**

**(2)  
How can professional carers and care-givers (such  
as friends and family) share responsibility?**

**(4)  
The Clips show Ann engaged in many different  
activities.**

Consider anything on screen that may have given you cause for concern if you'd experienced it. Which activities seemed to benefit Ann the most, and how?

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(continued)

Your name

**(5)**  
**Ann's stroke took place in 2008, and she died in 2013. Most of the filming took place in 2011/12.**  
How have the Clips affected your perceptions of stroke survivors?

**(7)**  
**Based on your responses to the Clips, what could you change about your next day at work, big or small?**

**(6)**  
**How might you change how you work with stroke survivors now?**

**(8)**  
**Please use this space for any other comments**