

"INCREDIBLY MOVING...
...IT'LL MAKE YOU WANT TO
PHONE YOUR PARENTS"

-Time Out

THE
CLOSER

WE GET

"HEARTFELT, MOVING and
ENDLESSLY FASCINATING"
- Alison Rowat

A Somewhere Film directed by

KAREN GUTHRIE

SEE BEYOND STROKE

change your next day at work

See Beyond Stroke is an innovative training and outreach project created by the makers of the multi award-winning British documentary, **The Closer We Get.**

This funny, uplifting and poignant film follows the impact of a stroke suffered by director Karen Guthrie's mother Ann, a former nurse. Karen became one of her care-givers at home in Largs, Scotland, supported by an excellent local carer team. A few years later, with Ann by then almost quadriplegic, they began to make an extraordinary film together – one which eventually became *The Closer We Get*.

Director Karen Guthrie and her team now invite you take this opportunity to use an exclusive package of the film plus a suite of extra resources, to enhance your carer training in any way that works for you.

Even better is that we can offer you this for FREE, thanks to the **Bertha BRITDOC Connect Fund**, that supports exemplary films looking to make an impact on new audiences.

All we ask in return is that you help us evaluate how the package has worked for you.

Simple!

what we're offering you

- Access to a suite of **Film Clips** (on DVD and /or online / to download) made in collaboration with Chest, Heart & Stroke Scotland. These are brief (2-3 min) training films made from powerful extra material shot for the feature film, but that address specific stroke related issues: E.g. food and diet; physio at home; mental health and wellbeing.
- Access to the 87 minute director's cut of **The Closer We Get*** (on DVD and /or online)
- A **Carer Worksheet** with prompts for group discussion and individual reflection.
- A **Trainer Evaluation Form** designed to be easy to share your feedback.

We can, and will, shape the package to suit your needs.

*Screening fee may apply in certain cases. Please contact us for information.

why this matters so much

We want to make sure our film reaches people who work daily with those with life-limiting, chronic and terminal illnesses. We are already reaching students and professionals in health and social care, but now we want to demonstrate how important carers are, by prioritising free access to this project to their sector.

We'll use the results from the Evaluation Pack and your feedback to show to social care policy-makers, to report to our funders, to help us deliver more training, and to advise other filmmakers who want to reach carers with their films. We know that carer training varies widely across the country and encourage you to let us know what elements will work for you and which won't.

"There's much to be learnt in the film by health workers and, indeed, by everybody."

Richard Smith, former editor of the British Medical Journal

"It enhanced my understanding of stroke survivors holistically, not simply seeing their experiences from a medical perspective."

Social Work student, University of Stirling

"Every single GP and health visitor in Britain needs to see this film. Until my stroke, I had no idea, but this film can bridge that gap."

Stroke survivor & former district nurse, Stroke Folk (Ayr)



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"An extraordinary family story."

Mark Kermode, BBC Radio 2

"Epic." **The Guardian**

"A reminder that there is no such thing as an ordinary life." **The Herald**

sharing real experiences of stroke

*"What I hear from healthcare professionals is that *The Closer We Get* builds empathy in a way no other teaching resource can."*

Karen Guthrie, director

Karen has travelled the world with the film, and has led over 40 post-screening discussion sessions in contexts ranging from stroke survivor support groups to cinema audiences, international film festivals, NHS training groups and youth film workshops.

More recently she presented our training and outreach work to the 1,300 delegates of the **UK Stroke Forum** in Liverpool.

In 2016 **Glasgow Caledonian University** featured the film in a 'Life After Stroke Open Day' with Karen and a group of Scotland's leading stroke practitioners and researchers. Their audience evaluation of this event included this:

"The film presented a very personal story that challenged the role of professionals.... The discussions on what does work for people and families dealing with stroke highlighted what services should be offered and what could be done differently."

Karen and her team continue to work with many charities, voluntary groups and institutions to ensure *The Closer We Get* can really change the next day at work.

We hope you are as excited as we are to be part of this movement.

our impact goals

1. What problems are we trying to solve?

Heighten awareness of stroke and to help change the current provision of care from management through to individual person-centred care programs and support for stroke survivors and their carers.

2. What would make a change?

Decision makers, carers, stroke survivors and those who haven't even considered the possibility of stroke - having the chance to think and discuss the impact for all those involved and how they can work together to improve current provision.

3. How do we plan to make a change?

Screening the film as widely as possible to Local Authorities, Healthcare Professionals, Families, Carers and Stroke Survivors and evaluating / sharing responses.

4. What results do we want to see?

The film being used in 20 local authorities (across England, Scotland, N Ireland & Wales) by as many people involved in their local care provision as possible.

5. How can we measure progress?

By recording the number of Local Authorities reached, and closely monitoring their carer responses (or those of the companies they engage to deliver their care packages).

more about the film

The Closer We Get unfolds the Guthries' enthralling family story, spanning over fifty years - all told against the backdrop of Ann's everyday domestic world as a stroke survivor who has lost most of her physical capacities, yet none of her sense of mischief and humour.

The film premiered at the prestigious **HotDocs Film Festival** 2015 in Canada and won its biggest award, **Best International Feature**, before returning home for the **Edinburgh International Film Festival**. The film toured throughout Scotland with Karen in attendance and was released in cinemas. A shorter cut of the film reached **BBC Scotland** and the **iPlayer** in 2016. The film has gone on to tour many international film festivals, and to win further awards across the world.

Read more & watch our trailer at www.thecloserweget.com

The logo for 'SOMewhere' features the word 'SOMewhere' in a bold, white, sans-serif font. The letter 'O' is stylized with a white outline and a dark interior. The text is set against a dark, textured rectangular background.

This project has been initiated by **Somewhere**, director Karen's independent non-profit company. With over fifteen years of experience in the arts, education and community outreach, Somewhere has recruited an experienced team who work alongside Karen:

Sally Hodgson
(Distribution Producer)

Jen Skinner
(Outreach & Evaluation Coordinator)

Somewhere has already fundraised for and delivered a **Lottery Scotland** supported programme of free screenings and workshops that included events all over Scotland.

what to do next? make contact with us!

Email Jen: jen@somewhere.org.uk
Call: 01879 220 669

Email Sally: hello@thecloserweget.com
Call: 0115 850 7844
Or contact us through our website
www.thecloserweget.com

We look forward to hearing from you.



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