

THE CLOSER

WE GET

A Somewhere Film directed by KAREN GUTHRIE



BERTHA
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SEE BEYOND STROKE trainee worksheet

These **See Beyond Stroke** training resources are based on the award-winning British documentary, **The Closer We Get** - a funny, uplifting and poignant film that follows the impact of a stroke suffered by director Karen Guthrie's mother Ann, a former nurse.

Karen became one of her care-givers at home in Largs, Scotland, supported by family and a team of local carers.

Enjoy the Clips and thank you for taking part in this training. If you use social media, please get in touch with #seebeyondstroke



@TheCloserWeGet



TheCloserWeGet

Read more about the film at www.thecloserweget.com

Your name

Job title

Your contact details

How long have you worked in your present role?

Your present local authority or employer

(1)
The Clips show carers taking part in the everyday life of Ann & her family

How did the Clips make you feel about your role, and how you fit in to service users' day-to-day lives?

(2)
How can healthcare workers and care-givers (such as friends and family) share responsibility?

(4)
The Clips show Ann engaged in many different activities.

Consider anything on screen that may have given you cause for concern if you'd experienced it. Which activities seemed to benefit Ann the most, and how?

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(continued)

Your name

(5)
Ann's stroke took place in 2008, and she died in 2013. Most of the filming took place in 2011/12.
How have the Clips affected your perceptions of stroke survivors?

(6)
How might you change how you work with stroke survivors, or with those suffering from other life-limiting illnesses and disabilities now?

(7)
Based on your responses to the Clips, what could you change about your next day at work, big or small?

(8)
Please use this space for any other comments